*CH****ADD of Rhode Island***

***Have ADHD or know someone who does?***

*Learn from the pros about…..*

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**Personalized plans for families, children, and adults affected by ADHD to stay organized, manage time, complete work, and keep track of important belongingwhich can all be difficult daily struggles.**

***Wednesday, March 6, 7 pm***

* *with* **Betsy Alper, LICSW,**  clinical social worker She knows that one size does not fit all when it comes to helping families affected by ADD/ADHD! Betsy uses home visits, phone consultations, and email and text support, with a detailed plan along with the structure, support, and accountability to help her clients. [www.addstrategiesandsolutions.com](http://www.addstrategiesandsolutions.com)
* *And* Lisa Proctor, Holistic Counselor, who takes the whole person and life experiences into consideration using spiritual and out of the box techniques.

**Place:** Bradley Hospital ~Pine Room 1011 Veterans Memorial Pkwy E. Prov. ,RI

Donations appreciated from guests. Members: Free

Website: [**www.chadd.org**](http://www.chadd.org) Local: [**www.chadd.net/810**](http://www.chadd.net/810) Email: **rhode-island@chadd.net** Phone: 401-369-0045

*Reservations NOT necessary.* ***All welcome.***

